

MDTCCES Approved Options



THE MCKENZIE
INSTITUTE® USA

POLICY STATEMENT

MDT Certification Continuing Education Standards

The objective of this policy is designed to:

- Promote the highest standards of utilization of the McKenzie Method® of Mechanical Diagnosis and Therapy® MDT protocols in its fundamental, proven form; and
- Demonstrate assurance to the public that the practitioner is committed to the maintenance and enhancement of knowledge and skills in MDT over time.

This policy does not nullify a provider's attainment of Credentialing or Diploma; it will only determine the individual's active status for patient referrals provided through the Institute's directory of certified MDT providers.

The requirements of MDT Certification Continuing Education Standards to continue full recognition in the Institute's Provider Referral Directory is completion of only one of the following qualifying events every three years (see page two for detail):

1. Attendance at MI Americas or International MDT Conferences (*contact hours vary, approx. 13-15 hours*)
2. Take and complete the online MDT Case Manager (*12 contact hours each Volume; one time only per Volume*)
3. Advanced Extremities (*14 contact hours*)
4. Advanced MDT: Clinical Decision Making (*14 contact hours*)
5. Advanced MDT: Fine Tuning Clinician Procedures (*14 contact hours*)
6. MII Diploma Program
7. MIUSA Orthopaedic Fellowship Program (*ABPTRFE & ACOMPTE Accredited*)
8. Retake any course: Part A, B, C, D, Adv Ext
9. Course Cosponsor (*Active involvement for the entire course.*)
10. Assistant on Courses A, B, C, D (*Pre-approved Diplomate applicants; active involvement for the entire course.*)

The three-year start date begins effective the day after the Credentialing Exam is passed and providers will have three years from that date to fulfill one of the requirements. A new three-year period is reset to begin immediately following completion of a qualifying event.

Those who were certified (Cert. MDT – Dip. MDT) before January 1, 2006 and did not fulfill a qualifying event between the initial period of 1/1/2006 - 12/31/2008 were deactivated from the Provider Referral Directory and will remain such until a qualifying event is completed.

Use of the identifying marks for MDT Certification is only authorized *in its entirety*: Cert. MDT or Dip. MDT. Spelling out Credentialed or Diplomate is acceptable; **however, MDT may not be used without the appropriate level of designation.**

We continue to entrust all certified MDT providers with the responsibility to review their scope of practice, state practice act and other applicable state laws or regulations of their profession to determine to what extent they can utilize all or certain aspects of MDT in their jurisdiction.

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1. [MDT Conferences](#)

2. [Advanced MDT: Online Course](#) –



The McKenzie MDT Case Manager is a dynamic web-based experience that incorporates real-life patient case studies provided by senior faculty of The McKenzie Institute. These cases represent advanced clinical practice scenarios to help you focus on the power of utilizing the information gathered during the MDT assessment process and use of the Assessment forms.

The process is designed to aid you in both diagnosis and treatment, and ultimately improve your overall competence through maintaining the mental acuity of the clinical reasoning process that is an integral component of the McKenzie Method. Volume 1, 2 and 3 are available (each volume contains eight cases).

12 contact hours (CEUs may vary by state for online learning).

3. [Advanced Extremities](#) –



This advanced level 2-day course draws upon the principles McKenzie has refined over decades to provide clinicians with this sensible approach for musculoskeletal conditions of the extremities. The emphasis will be on the shoulder and knee assessment and management as these are the most common sites of musculoskeletal pain and disability in the Extremities. However, other sites will also be discussed. Literature will be presented to reinforce and validate the MDT in the Extremities concept including a randomised control trial of OA knee, an Extremities Classification Survey, relevant Case Studies, and associated material. 14 contact hours

4. [Advanced MDT: Clinical Decision Making](#) –



Formerly called Clinical Skills Update (CSU), this advanced 2-day course is a more intensive clinical reasoning and problem solving experience utilizing a high volume of patient demonstrations and case study analysis involving all regions of the spine as well as the extremities. Each major subdivision of the course has very specific educational objectives that will reinforce the knowledge and skills which will further refine your own abilities in applying these principles.

Two instructors provide a significantly greater opportunity for one-on-one tutelage.

An effort will be made to schedule these workshops regionally on a quarterly basis, except during a MI Americas region conference year. 14 contact hours.

5. [Advanced MDT: Fine Tuning Clinician Procedures](#) –

This course will further develop the concepts of MDT clinical decision making and critical thinking with consideration of the current evidence regarding thrust and non-thrust manipulation. Supervised practical sessions will promote the development of psychomotor skill in the application of MDT clinician procedures. Analysis of the literature in regards to thrust and non-thrust manipulation and the indications and contraindications to manipulation will be discussed. A minimum of two instructors will provide important one-on-one attention. 14 contact hours.

6. [MII Diploma Program](#) – Consisting of two components – Theoretical and Clinical – the program combines university based distance learning module, self-directed learning activities and 1:1 hours of clinical practice based on a variety of musculoskeletal disorders under direct supervision and collaboration with a Clinical Educator who has been appointed by MII to have met the highest standards of clinical mentorship.

7. [MIUSA Orthopaedic Fellowship Program](#) – ABPTRFE accredited, the blended program curriculum provides the future FAAOMPT candidate advanced training in MDT and OMPT while continuing clinical practice.

8. [Retake any course: Part A, B, C, D, Adv Ext](#) – If you took the courses before 1995, and most definitely before the 2003 release of the new lumbar spine text and revised cervical text released in 2006, the curriculum has refined and expanded and you may find this an appealing option to refresh concepts and learn the new terminology.

9. [Course Cosponsor](#) – Active participation or assistance in one or more courses hosted by your company (**subject to written verification from the instructor provided to the Institute**). Active participation is defined as full attendance and assisting the instructor when appropriate. Cosponsor is responsible to notify MIUSA Program Coordinator before the intended course(s) to count toward this requirement.

10. [Assistant on Courses A, B, C, D](#) – (Pre-approved Diplomate applicants) Active participation for an entire course and assistance with the hands-on lab portion or other tasks as directed by the course instructor. Travel expenses will be covered. Applicants must have an active PT license, professional liability insurance, and a history of CCES compliance and active status on the Provider Referral Directory. Email interest and request application to cindy@mckenzieinstituteusa.org.